



ANNUAL REPORT 2023

10 Years Holding Hearts

*10 years of services to prevent heart
disease, save lives, and care for
women's hearts!*

Yaduna Foundation 2023

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OUR MISSION

Improve women's cardiovascular health and reduce burden of disease through awareness, prevention screening, primary treatment, and advocacy.

OUR VISION

To become a model of excellence in preventive and primary treatment of cardiovascular disease in women, regardless of their social background.

By collaborating with academic teams from distinguished national and international organizations, the Center will implement the highest standards of clinical practice and research.

By generating a comprehensive genetic and clinical database, the Center will contribute to formulating national policy for prevention and improved care.

OUR VALUES

RESPECT

We respect each person as a member of the Center community. Involvement and teamwork empower our individual strengths.

SERVICE EXCELLENCE

We are committed to our standards of service excellence and dedicated to exceeding the expectations of those we serve.

ACCOUNTABILITY

We accept personal accountability for the work we do.

QUALITY

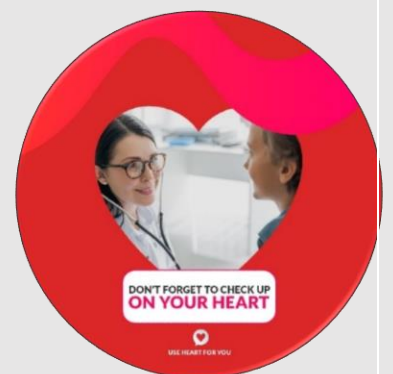
We consistently strive to provide the highest quality, safe patient care.

COMMUNICATION

We promote open communication that fosters partnership and enhances timely, effective, and appropriate responses.

INTEGRITY

We believe integrity is at the heart of our individual and foundation.



PRESIDENT MESSAGE

WAFAA SLEIMAN

“As we celebrate Yaduna’s Women Heart Health Center 10-year anniversary, we are proud to have supported and examined over 9,000 women with more than 35,000 patient visits and 50,000 medical tests done.

Many lives were saved thanks to the joint efforts of our dedicated Cardiologists, Lab Technicians, Nurses, Radiologists and Administration Team.

On this occasion, we promise to continue with the same enthusiasm, dedication and state-of-the-art services in our mission to fight the Number 1 killer of Women!”



OUR STRATEGIC PLAN

Yaduna-Women Heart Health Center (WHHC) had 6 goals for this year. Every goal is set with a series of objectives and key performance indicators that measure our performance improvement in a certain time frame.

Goal 1 Medical care: screening for Coronary Heart Disease (CHD) and preliminary medical care.

Goal 2 Therapeutic life style: providing nutritional education to promote cardiovascular health.

Goal 3 Outreach and Awareness: helping prevent disease, promoting early diagnosis.

Goal 4 Capacity building: to train and educate our staff and trainees on best practice for screening and prevention of Cardiovascular Disease.

Goal 5 Lobbying & Advocacy: to ensure that underprivileged women have access to high health services.

Goal 6 Resources Development: to maintain a financial stability.



10 Years Holding Hearts

“10 years ago, a dream and a great idea were realized in the heart of Lebanon; a dedicated Center serving and caring about the Hearts of Women in Lebanon. Initially perceived a modest initiative it soon became a glaring success, providing care and preventive interventions to thousands of Women.

The trajectory of the Women Heart Center is endless and so is the commitment of the outstanding team working tirelessly, with kindness and compassion to honor a supreme mission of human service.

My Heartfelt congratulations and profound gratitude to the outstanding team and the great achievements”

Professor Samir Alam

“Happy and honored to be part of this fabulous project dedicated to improving women heart health. Despite all difficulties, this center grew up; the dream was achieved, owing to a tenacious team, proving that when there is a will, there is a way.”

Professor Antoine Sarkis



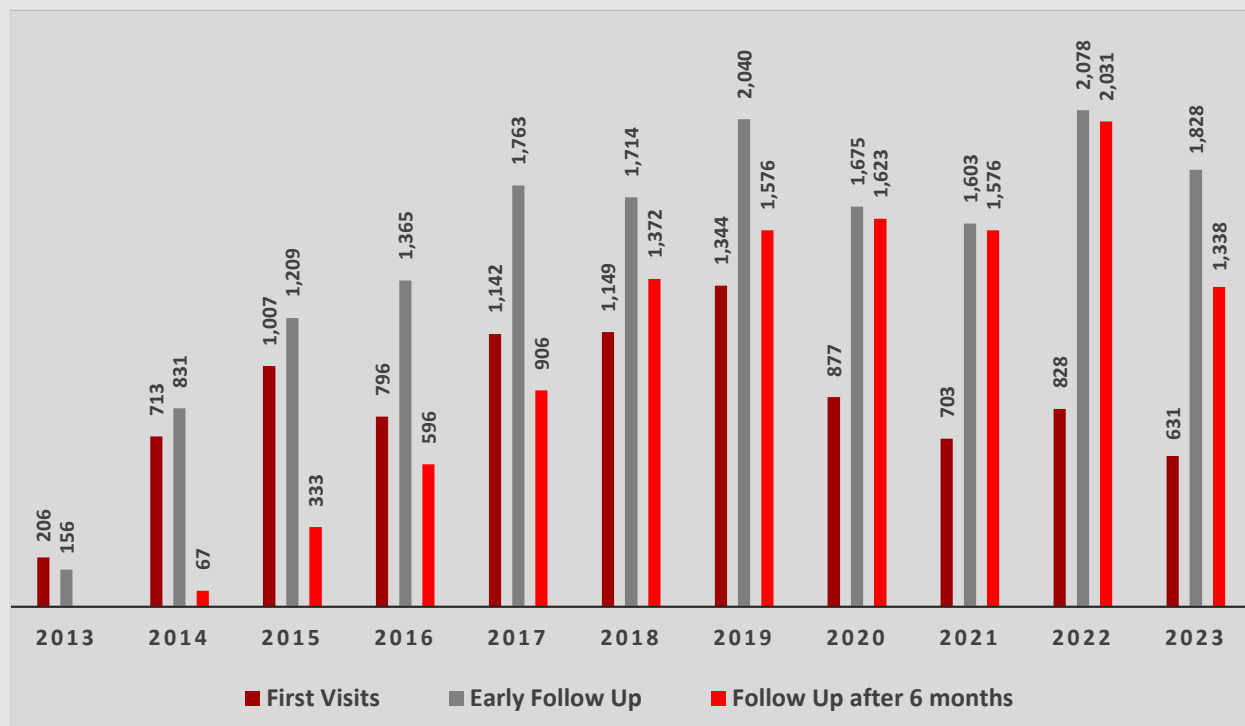
OUR NUMBERS

From 2013 till 2023, YADUNA-WHHC
received 37 074 visits
For Cardio Vascular Disease screening

First Visits 9 396 Women

Early Follow Up visits 16 262 Women

Late Follow Up visits 11 416 Women



In 2023 WHHC welcomed 3 797 visits for screening

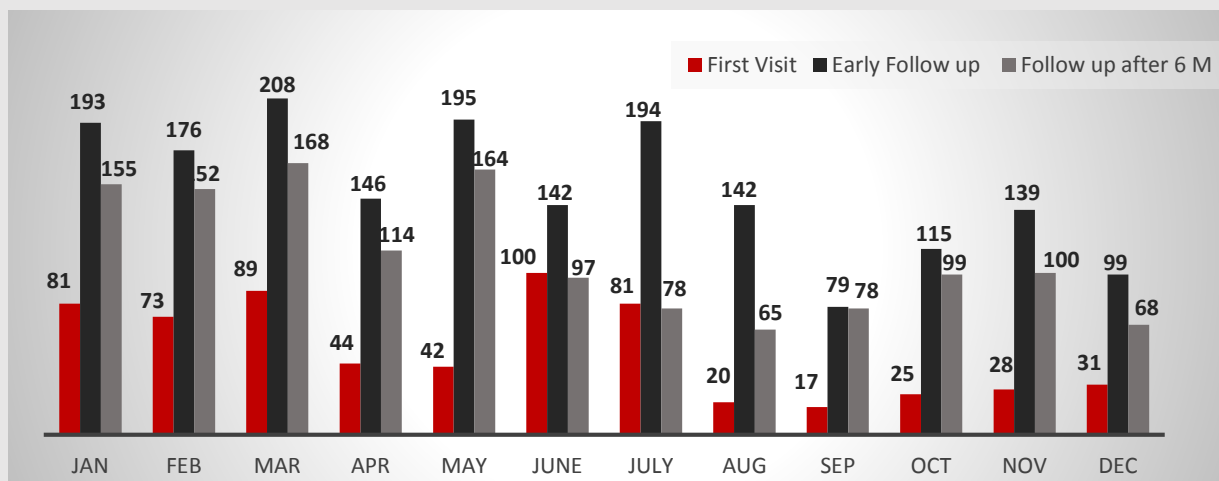
Despite the country's economic situation and the fuel crisis, WHHC remained open and women from different regions were always welcome for their cardiovascular consultations.

Total number of FIRST VISITS 631 Women

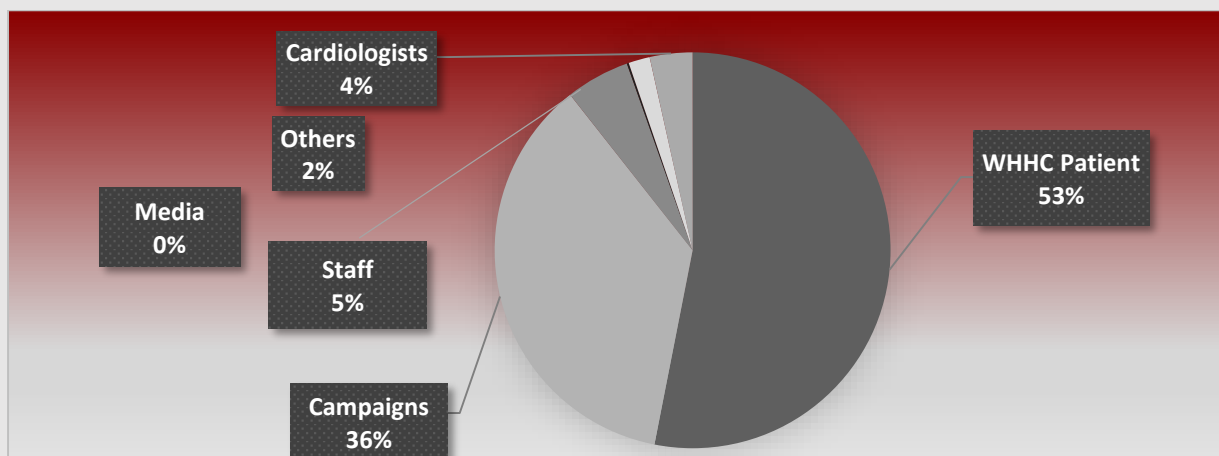
Total number of FOLLOW UP VISITS 3 166 Women

1. Early FOLLOW UP VISITS 1 828 Women

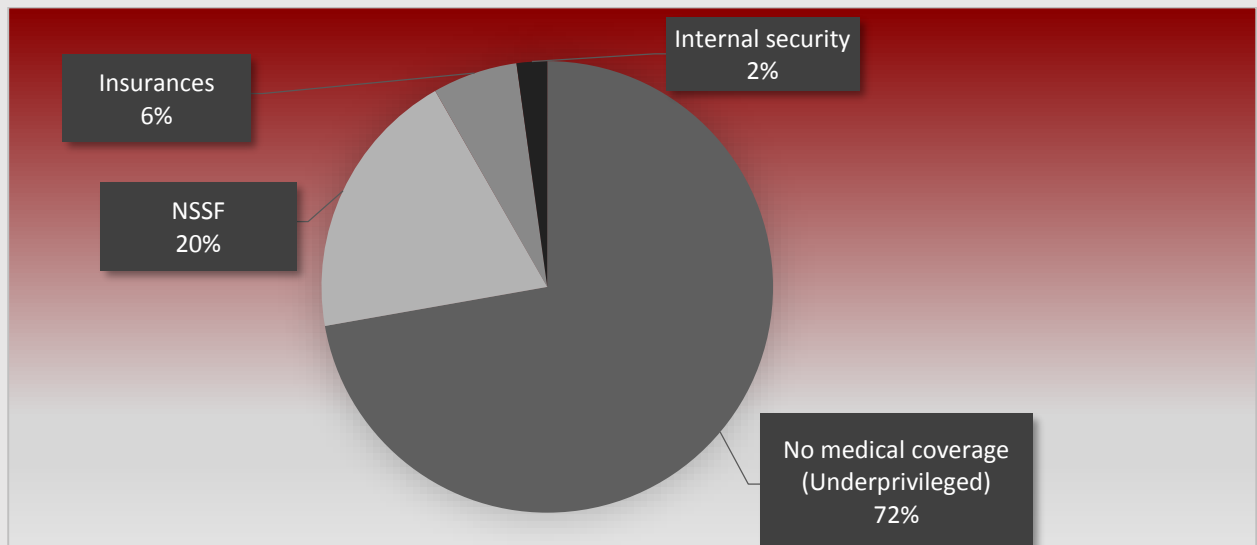
2. FOLLOW UP VISITS after 6 months 1 338 Women



631 Women First visit per referral



631 patients per Initial Status (Financial coverage)



From the spirit of WHHC vision, the division of women shows that

73% of WHHC beneficiaries have no medical coverage.

The Center has partially covered their medical costs,

20% were covered by the National Social Security Fund.

The Center supported the difference not covered by the NSSF,

6% were insured by private insurance companies,

1% by the Internal Security forces.

The Center covered the unpaid difference as well.

3 671 cases benefited from a total discount of

1 671 775 925 LBP

Male beneficiaries of preventive screening

Started in November;

In continuation of its mission, the women's Heart Health Center received **14 men** to undergo the necessary preventive examinations and benefit from the Foundation's contributions.

Beneficiaries of laboratory tests and radiology

Outpatients:

In support of its mission, the foundation received, in the framework of cooperation with "Bioteck" medical company, **179** men and women to undergo laboratory examinations and radiology test, as well as to benefit from our cardiologist consultations.



MEDICAL CARE

Cardiologist

Yaduna –WHHC provide special medical consultation.

The team is made up of a cardiologist and a qualified nurse.

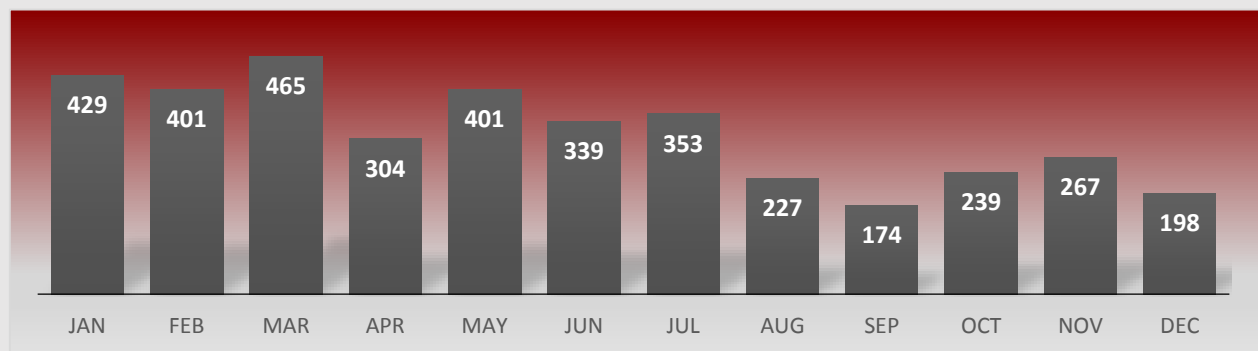
The WHHC process allows all women and men to benefit from a clinical examination by a cardiologist, an assessment of their state of health and a personalized plan accordingly.

The plan can include one or more of the services/tests of the Laboratory, and/or radiology, depending on the patient’s risk profile for coronary heart disease.

This year despite the economic crisis the country was facing, our cardiologists managed to follow up with 3 797 patients.



3 797 CARDIOLOGIST CONSULTATIONS

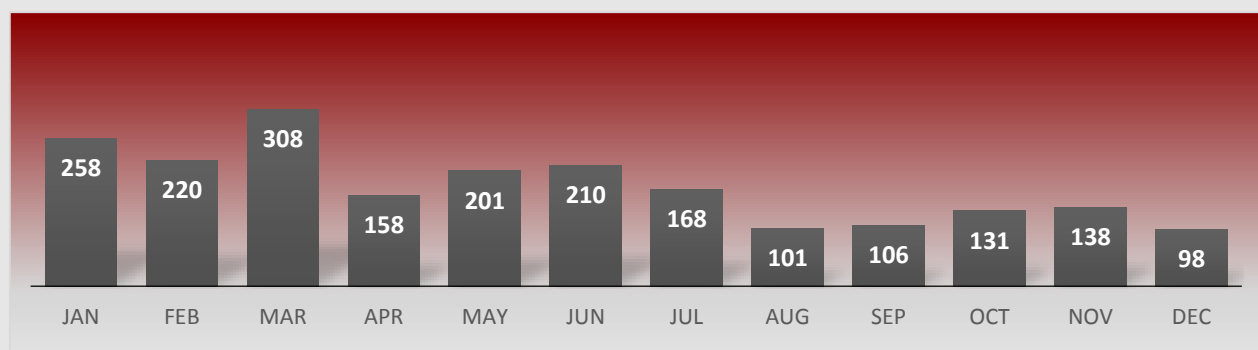


Laboratory

This is the core of Yaduna services. Although Lebanon has suffered from an economic crisis which has driven up the prices of all services, machines, and kits, Yaduna WHHC continued to provide all routine services while respecting quality and safety and outsourced some tests to meet patient needs.



2 097 LABORATORY tests performed

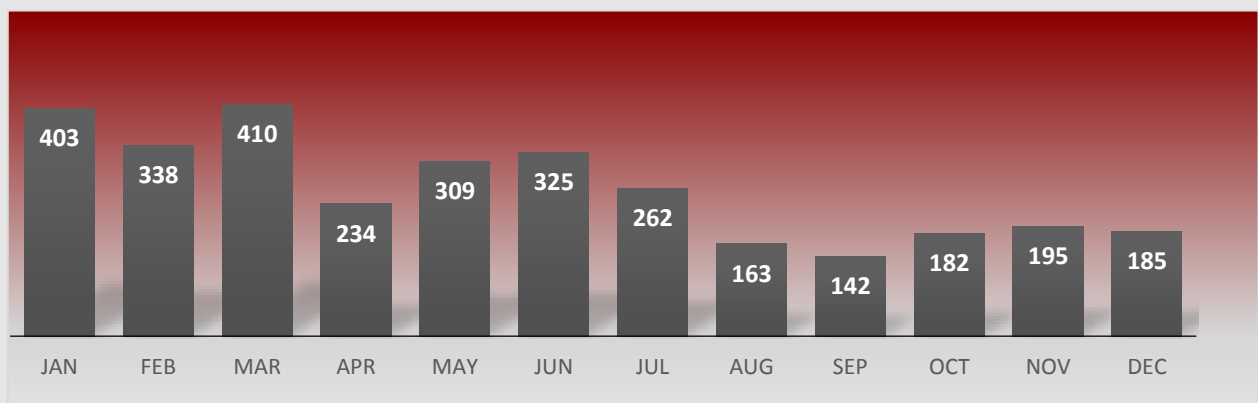


Radiology

The radiology department, despite the increase in the costs of the machines and their maintenance, has continued to provide ECG, Chest X-rays, Echocardiogram and Coronary calcium scan (CAC score) and scrupulously respected the policies and procedures to ensure the best service.



3 148 RADIOLOGY tests performed



PARAMEDICAL CARE

Social

Due to the economic crisis, many women no longer have medical coverage. Yaduna social worker will assess their socio-economic status and grant when needed discounts which will be borne by Yaduna.

OUTREACH AND AWARENESS

The social worker organized:

10 awareness sessions attended by 260 participants. These sessions focused on the prevention of cardiovascular disease among women and the services provided by the Women's Heart Health Center.

34 Field visits and medical campaigns were done in cooperation with:

1. NGOs, Churches and Women Committees in different regions. (El Hoda Association, Druze Women Committee, Women Committee Zahle, Al Mountada El Ahli – Baalechmay, Ahel w Habayeb)
2. Primary Health Care Centers and Social Development Centers Baabdat.



A medical day at YADUNA -WHHC

USE YOUR ❤️ KNOW YOUR ❤️

For the World Heart Day on September 29 Yaduna organized a free medical day about “your way for a Healthy Heart” with the participation of 30 women from Al Hoda and Dorcas Association.

Many activities were carried out that day such as blood pressure measurement, blood fat test to determine Total cholesterol and triglyceride levels, exercises to maintain mental health and a chat session with one of our cardiologists. At the end of the day, we conclude with a session on empathy and mindfulness with Dr. Randa Daou.

It is important to mention that, according to the WHO, cardiovascular disease is considered the number one killer in women.



RESEARCH

Yaduna is a great supporter of academic studies as it believes in the importance of research, but due to the economic situation and lack of funds the follow-up of any research proposal has been suspended. Nevertheless, around 16,000 samples are still in fridges -80 degrees (DNA, Serum, urine) as per the protocol set between both universities (AUBMC and USJFM) and based on their supervision and guidance.

OUR DOCTORS AND STAFF

Despite the challenges of the economic crisis Yaduna never stopped supporting women by providing them with the highest standards of medical services. We are proud and grateful for all the efforts played by our 26 healthcare professionals, from doctors and staff.

New members joining our team

Despite the current economic crisis, the unemployment situation and emigration of staff, a new Cardiologist, a Nurse, and a Dietitian joined our team.



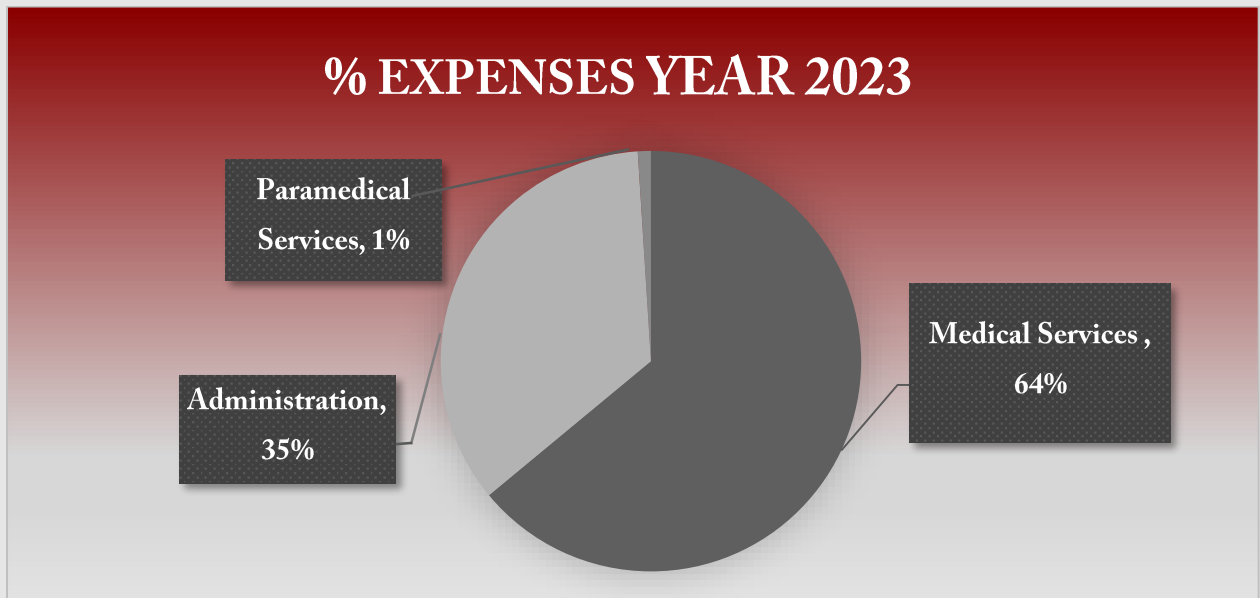
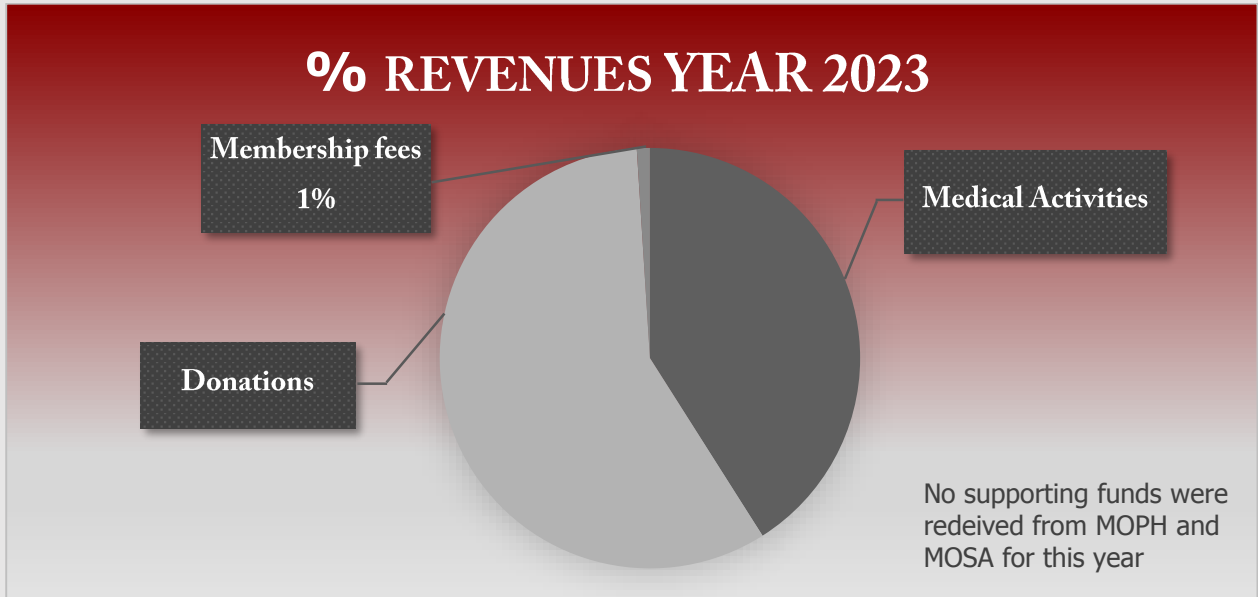
Training and Education

Yaduna kept supporting its staff member's professional and personal development through facilitating and encouraging them to participate in training opportunities.

- 1- The CEO and the COO attended on the occasion of the World Health Day, the celebration of the 75th anniversary of the founding of the World Health Organization, on April 18, 2023 at the UNESCO Palace.
- 2- The COO and the nurse participated in a virtual training around :“Prevention from Cholera” organized by the Ministry of Public Health in February 3, 2023
- 3- The COO participated in a virtual training as followed:
 - National Inter-Agency meetings on January 20, May 12, and July 14
 - National Health working group meetings on January 27 and February 24
 - Health Sector working group UNHCR meeting on May 19
 - Launching event of the surveys on GBV, Cyber Extortion and Cyber Harassment, sexual harassment on March 16
 - The vaccines meeting of the MOPH on March 16
 - Nahno Volunteers meeting on May 29, Beirut
- 4- The Social worker participated in the consultative meetings to prepare the national plan to implement the national strategy for women in Lebanon organized by the “National committee for Lebanese Women” on November 10, 17, and 20, Hazmieh.
- 5- The social worker and the Nurse participated in a training seminar on “Sexual Exploitation & Prostitution “organized by the Kafa Association on November 10.



FINANCIAL STATEMENT



The financial audit is in process by BDO Semaan, Gholam & Co.

PARTNERSHIPS

Ministry of Public Health (MOPH)

Since 2012, Yaduna has had a close collaboration with the MOPH, which has been a strong supporting partner for WHHC's activities.

The Ministry provides funding to support the cost of screening and first treatment for Lebanese Women.

In 2023 as part of the Primary Health Care Centers in the Ministry we received a variety of in-kind donations.

Ministry of Social Affairs (MOSA)

Since 2012, MOSA has been a supporting partner for screening and awareness activities. Through a direct contract the ministry covered part of radiology tests and awareness sessions.

AUBMC/FM and USJ/FM

Ever since its opening, Yaduna WHHC signed an MOU with the two universities AUBMC/FM and USJ/FM in order to provide high quality health services and proper staff training while benefiting from the Center's services in the scientific research to contribute to the risk reduction of CVD.

AGREEMENTS

We have renewed the "coverage agreement" for our beneficiaries with NSSF, COOP, LSS, ISF, LGS, Insurances Companies and TPAs: Next Care, Globemed, Best Assistance, La Medicale and Cumberland, Swan Int.



ACKNOWLEDGEMENTS

Yaduna-WHHC team would like to express its deepest thanks to all those who contributed to these achievements.

Congratulations on our 10-year work anniversary!

Volunteer and staff you've helped make this association what it is today through your engagement and contributions in the past decade.

This report is the result of work of our board members, our staff and doctors who worked hard this year under critical circumstances and whose continuous support and commitment has ensured the ongoing vitality of Yaduna-WHHC.



*“Early detection can make all the difference.
At Yaduna we encourage Women and Men, to
have their annual check-ups regardless of their
socioeconomic background and health coverage”*

BOARD OF DIRECTORS

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YADUNA-WHHC
Baabda main road, Lebanon
Phone: 00961 5 923229



info@yaduna.org



www.Yaduna.org



www.facebook.com/yaduna/WHHC



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YADUNA –WOMEN HEART HEALTH CENTER

January till December 2023